CAPITAL PROJECT TRUST

Diary of Events

May-25

Locality Meetings are in Bold - Voluntary Opportunities Highlighted in Grey

Date	Time	Purpose	Location	Who is Attending
			Safe Haven, 32 Sudley Road	
Thursday 1st	2pm - 4pm	Capital Connections	Bognor Regis, PO21 1EL	All Members Welcome
Friday 2nd				
Monday 5th		BANK HOLIDAY - OFFICE CLOSED		
Tuesday 6th				
Weds 7th				
			Safe Haven, 32 Sudley Road	
Thurs 8th	2pm - 4pm	Capital Connections	Bognor Regis, PO21 1EL	All Members Welcome
Friday 9th				
				AAW members welcome - email Heidi
				for information
Monday 12th	10am - 12pm	Veterans meet up/walk	Brooklands Park - meet at Café	heidi.tilney@capitalcharity.org
			Safe Haven, 32 Sudley Road	
	1pm - 4pm	Capital Creative Group	Bognor Regis, PO21 1EL	All Members Welcome

			Staying Well	
			Crawley/Waythrough (was	
			Richmond Fellowship), Arundel	
			House, Unit 1 Ground Flr,	
			Amberley Crt, Whitworth Rd,	
			Crawley, RH11 7XL. Bus routes	
			100, 200, 4&5. Get off at County	
			Oak and is next to Aldi. Free	All Welcome - email
			parking - spaces for CAPITAL	lucy.parsonage@capitalproject.org
	1.30 - 3pm	Crawley Hub	are 32,33,119,122	for more details
Tuesday 13th	<u>'</u>	,	, , ,	
Weds 14th				
			Safe Haven, 32 Sudley Road	
Thurs 15th	2pm - 4pm	Capital Connections	Bognor Regis, PO21 1EL	All Members Welcome
Friday 16th				
			Safe Haven, 32 Sudley Road	
Monday 19th	1pm - 4pm	Capital Creative Group	Bognor Regis, PO21 1EL	All Members Welcome
Tuesday 20th				
Weds 21st				
			Safe Haven, 32 Sudley Road	
Thurs 22nd	2pm - 4pm	Capital Connections	Bognor Regis, PO21 1EL	All Members Welcome
				All Welcome - email
			St Richard's CH, Sydney Road,	lucy.parsonage@capitalproject.org
	2.30pm - 4pm	Haywards Heath Hub	RH16 1QE	for more details
Fri 23rd				

Monday 26th		BANK HOLIDAY - OFFICE CLOSED		
Tues 27th				
Weds 28th				
			Safe Haven, 32 Sudley Road	
Thurs 29th	2pm - 4pm	Capital Connections	Bognor Regis, PO21 1EL	All Members Welcome
		Memorial Picnic for Jacqui		
Fri 30th	11am - 2pm	Cavalier and Shaun Spillane	Hotham Park - Bognor Regis	All Members Welcome