

**CAPITAL****Diary of Events****Jul-26**

<b>Date</b>	<b>Time</b>	<b>Purpose</b>	<b>Location</b>	<b>Who is Attending / Contact</b>
<b>Wed 1st</b>				
<b>Thur 2nd</b>	1 - 4pm	CAPITAL Connections	The Bonito Lounge, 1 London Rd, Bognor Regis PO21 1PQ	All members welcome. Email enquiries@capitalcharity.org for more information
<b>Fri 3rd</b>				
<b>Sat 4th</b>	1.30-4pm	Creative Space Art Group	CGL, 14 Aldwick Road, Bognor, PO21 2LJ	All members welcome. Email enquiries@capitalcharity.org for more information
<b>Mon 6th</b>	1 - 4pm	CAPITAL Creative Group	Stonepillow 15 Ellasdale Road, Bognor Regis, PO21 2SG	All members welcome. Email enquiries@capitalcharity.org for more information
	4 - 6pm	WSX LEAG	Online zoom link in LEAG bulletin	LEAG members welcome. Email leag@capitalcharity.org for more information
<b>Tue 7th</b>				
<b>Wed 8th</b>				
<b>Thurs 9th</b>	1 - 4pm	CAPITAL Connections	The Bonito Lounge, 1 London Rd, Bognor Regis PO21 1PQ	All members welcome. Email enquiries@capitalcharity.org for more information
	12.30 - 2.30pm	Burgess Hill Hub	Cherry Tree Centre 55 Fairfield Rd, Burgess Hill RH15 8QB	All members welcome. Contact sophie.davison@capitalcharity.org or enquiries@capitalcharity.org

<b>Fri 10th</b>				
<b>Mon 13th</b>	1 - 4pm	CAPITAL Creative Group	Stonepillow 15 Ellasdale Road, Bognor Regis, PO21 2SG	All members welcome. Email enquiries@capitalcharity.org for more information
	2 - 4pm	CAPITAL Men's Group	Online, links to be sent	All men (18+) welcome. Email enquiries@capitalcharity.org for more information
<b>Tue 14th</b>				
<b>Wed 15th</b>				
<b>Thur 16th</b>	1 - 4pm	CAPITAL Connections	The Bonito Lounge, 1 London Rd, Bognor Regis PO21 1PQ	All members welcome. Email enquiries@capitalcharity.org for more information
<b>Fri 17th</b>				
<b>Sat 18th</b>	1.30-4pm	Creative Space Art Group	CGL, 14 Aldwick Road, Bognor, PO21 2LJ	All members welcome. Email enquiries@capitalcharity.org for more information
<b>Mon 20th</b>	1 - 4pm	CAPITAL Creative Group	Stonepillow 15 Ellasdale Road, Bognor Regis, PO21 2SG	All members welcome. Email enquiries@capitalcharity.org for more information
<b>Tue 21st</b>	10.30 - 12pm	NHS Shine a light on Coproduction (CAPITAL)	Online - link in newsletter	Email enquiries@capitalcharity.org for more information
<b>Wed 22nd</b>				
<b>Thur 23rd</b>	1 - 4pm	CAPITAL Connections	The Bonito Lounge, 1 London Rd, Bognor Regis PO21 1PQ	All members welcome. Email enquiries@capitalcharity.org for more information
<b>Fri 24th</b>				

<b>Mon 27th</b>	1 - 4pm	CAPITAL Creative Group	Stonepillow 15 Ellasdale Road, Bognor Regis, PO21 2SG	All members welcome. Email enquiries@capitalcharity.org for more information
	2 - 4pm	CAPITAL Men's Group	Online, links to be sent	All men (18+) welcome. Email enquiries@capitalcharity.org for more information
<b>Tue 28th</b>				
<b>Wed 29th</b>	6-7.30pm	Members Online Evening Hub	Online zoom link in newsletter and Facebook	Contact enquiries@capitalcharity for more information
<b>Thur 30th</b>	1 - 4pm	CAPITAL Connections	The Bonito Lounge, 1 London Rd, Bognor Regis PO21 1PQ	All members welcome. Email enquiries@capitalcharity.org for more information
<b>Fri 31st</b>				