



Volunteer Role Summary

Communications and Campaign Volunteer – West Sussex Lived Experience Advisory Group

Reports to: Operational Lead – West Sussex Lived Experience Advisory Group & CAPITAL Co-production

Hours: 6 hours per month

Location: Working from home with travel across West Sussex as required

Length of time: 1st February 2026 to 30th November 2026

About CAPITAL

As one of the first user / survivor-led organisations in the UK, CAPITAL was established to bring West Sussex services, workers, and people experiencing mental health issues together to improve services and train staff, from a lived experience perspective.

Over 300 people are current members of CAPITAL, who are offered shared learning, training, workshops and community meetings, where people with lived experience lead our work.

In 2022 we were commissioned to develop and lead coproduction within the West Sussex Mental Health Community Transformation Programme. We've set up a new independent network: LEAG (Lived Experience Advisory Group), and are working on a vision for local mental health services

CAPITAL was commissioned in 2024 by the Drug and Alcohol Partnership (Public Health, West Sussex County Council) to examine and present the unique views of those with lived experience of addictions across West Sussex. This work is coproducing peer-led trauma-informed workshops and managing a Community Fund to support community initiatives and peer leadership.

CAPITAL also runs volunteer led independent Patient Viewpoint forums, capturing anonymous feedback about hospital care, treatment and support to hospital senior leaders and managers.

Purpose of the Role

To support the West Sussex Lived Experience Advisory Group's (WSX LEAG) communications and campaigns by helping raise awareness of the work, promote involvement opportunities, and share key messages across digital and community channels. This role is ideal for someone passionate about mental health advocacy and creative communication.

Main Duties and Responsibilities

- Assist in creating and scheduling social media posts to showcase the impact of the WSX LEAG's.
- Support the creative development of newsletters and other communication materials.
- Help plan engagement on social media and newsletters.
- Contribute ideas for campaigns that increase visibility and encourage membership.

All duties to be undertaken in a safe and responsible manner in accordance with requirements under GDPR, Safeguarding, Health and Safety regulations, established safe systems of work and CAPITAL policies, practices and procedures.

Qualities and Skills

- Interest in mental health and community engagement.
- Basic knowledge of social media platforms and digital communication.
- Creative and proactive approach to sharing information.
- Good written communication skills.
- Ability to work independently and meet deadlines.

How to apply

To apply for this role please email a short expression of interest in the role, detailing how your interests, skills or experiences meet the points in the section above.

Following receipt of your email we shall be in contact to arrange an informal meeting to discuss the role and your application.

Please send your application to us by 9am on Monday 11 May 2026.

Please send to: LEAG@capitalcharity.org