

CAPITAL

Diary of Events

Nov-25

Date	Time	Purpose	Location	Who is Attending / Contact
Sat 1st	2pm - 4pm	Art Group	Stonepillow 15 Ellasdale Road, Bognor Regis, PO21 2SG	Email sara.shepherd@capitalcharity.org for more information
Mon 3rd	1pm - 4pm	Capital Creative Group	Stonepillow (side entrance) 15 Ellasdale Road, Bognor Regis, PO21 2SG	All Members Welcome
	1pm - 3pm	East Grinstead Hub / Coffee & social. Guest - Hilary from EG M Health District Association	Welcome Café, Trinity Church, Lingfield Rd, E. Grinstead, RH19 2HA	All welcome. Contact lucy.parsonage@capitalcharity.org
Tue 4th				
Wed 5th				
Thur 6th	3.30-5.30pm	WSX LEAG (Online Future Planning Workshop)	Online zoom (link in LEAG bulletin)	Email lydia.taylor@capitalcharity.org for more information
Fri 7th	2pm - 4pm	Capital Connections	Stonepillow (side entrance) 15 Ellasdale Road, Bognor Regis, PO21 2SG	All Members Welcome
Mon 10th	1pm - 4pm	Capital Creative Group	Stonepillow (side entrance) 15 Ellasdale Road, Bognor Regis, PO21 2SG	All Members Welcome
	4pm - 6pm	WSX LEAG Meeting (online)	Zoom link in LEAG bulletin	Email coproduction@capitalcharity.org for more information

Tue 11th				
Wed 12th	6-7.30pm	Members Online Evening Hub Get to know each other (optional from 5.30)	Online zoom link in newsletter	Contact enquiries@capitalcharity if you need more info
Thur 13th	2pm - 4pm	Capital Connections	NEW LOCATION: The Bonito Lounge, 1 London Rd, Bognor Regis PO21 1PQ	All Members Welcome
Fri 14th				
Sat 15th	2pm - 4pm	Art Group	Stonepillow 15 Ellasdale Road, Bognor Regis, PO21 2SG	Email sara.shepherd@capitalcharity.org for more information
Mon 17th	1pm - 4pm	Capital Creative Group	Stonepillow (side entrance) 15 Ellasdale Road, Bognor Regis, PO21 2SG	All Members Welcome
Tue 18th				
Wed 19th				
Thur 20th	2pm - 4pm	Capital Connections	NEW LOCATION: The Bonito Lounge, 1 London Rd, Bognor Regis PO21 1PQ	All Members Welcome
	2.30 - 4pm	Haywards Heath Hub	St Richard's Ch, Sydney Rd, Haywards Heath, RH16 1QE	All Welcome - email lucy.parsonage@capitalcharity.org for more details
Fri 21st				
Mon 24th	2pm - 4pm	Capital Creative Group	Stonepillow (side entrance) 15 Ellasdale Road, Bognor Regis, PO21 2SG	All Members Welcome
Tue 25th				

Wed 26th	1.30-3	Crawley Community Hub	Amberley Court, Arundel House Unit 1, off Whitworth Rd, County Oak Way, Crawley RH11 7XL (park in front row in front of Staying Well Centre)	All Welcome - email lucy.parsonage@capitalcharity.org for more details
Thurs 27th	2pm - 4pm	Capital Connections	NEW LOCATION: The Bonito Lounge, 1 London Rd, Bognor Regis PO21 1PQ	All Members Welcome
Fri 28th				
Sat 29th	2pm - 4pm	Art Group	Stonepillow 15 Ellasdale Road, Bognor Regis, PO21 2SG	Email sara.shepherd@capitalcharity.org for more information