

## **CAPITAL Purpose, Values and Mission**

### **Our Purpose**

- Influence, design and improve mental health services.
- Erase the stigma that people face and empower people through co-production.
- Bring lived experience to life.
- Provide safe spaces through peer support.

### **Our Values**

- Ensure commissioners make real-life experiences key in decision-making.
- Diversify and expand where we work and who we work with.
- Continue being the voice of lived experience and do what others won't.

#### **CONNECTIONS**

- We connect individuals, groups, and services.
- We champion lived experience in everything we do.
- We bring people together to facilitate change.

#### **EQUALITY**

- We believe everyone has a voice.
- We treat everyone individually and don't discriminate.
- We advocate for others and encourage self-advocacy.
- We stand together to fight stigma in society.

#### **AUTHENTICITY**

- We value kindness, care and inclusivity.
- We create welcoming and fun spaces so people can support each other.
- We celebrate lived experience.

### **Our Mission**

- Ensure lived experience co-production influences services.
- Deliver excellent peer led services.